

## **Lauren Kreamer**

Lauren has been involved in the Art of Dance for most of her life. At the age of 3 she started taking lessons at LeAnne Leslie's School of Theatrical Dance. She remained with the studio until the age of 18 where she later became a company and faculty member. Lauren went on to further her dance education at Dean College where she received with a B.A. in Dance.

Lauren has studied her technique under well-known dancers in both Boston and New York City. Beyond technique she has studied Anatomy, Pedagogy and Kinesiology. These are studies of the human body and its architecture of the movement. From all of her learnings, experience, and hard work she is eager to share her education with all of her students.